
One In The Spirit



St. Henry Parish School of Religion Family Handbook

St. Henry PSR Guidelines

Registration: Registration for the PSR Program is held each year in the fall. Information regarding the date of registration and fees will be published in the Parish Bulletin. All students must register for these programs each year even if they have been in the program previously. A-fee will be charged at the time of registration.

Baptismal Certificates: Each new student should present a copy of his/her Baptismal Certificate on registration day or as soon as possible afterward. If the child was baptized at St. Henry or has attended St. Henry, this is not necessary.

Attendance: Each child is expected to attend all of the scheduled PSR classes listed on the calendar. They are also expected to have all of their materials at each class, so that they can participate fully. If your child is unable to attend, please notify the class teacher and see if there is any work that can be made up.

ONLY A TOTAL OF **3** CLASSES WILL BE ALLOWED AS *EXCUSED ABSENCES* FOR EACH STUDENT!

Homework/Home Study: Reasonable written assignments may be given at the discretion of the catechist/teacher. Each student, regardless of whether or not they have a written assignment, is encouraged to spend at least 1/2 hour during the week studying and reviewing lessons and prayers

Discipline: Ordinary discipline problems are handled by the catechist/teacher in the classroom as they occur. Open communication between the parent and the catechist/teacher is encouraged to build positive attitudes and discipline.

Sacraments: Before a student may receive the Sacraments of Eucharist, Reconciliation and Confirmation, he/she must have **REGULARLY** attended a Catholic Religious Education Program for one year prior to receiving their sacrament.

Evaluation

1. Children may be asked to take tests on material they have learned in class in order to assess the mastery of a subject area and to determine areas of study that requires additional catechesis.
2. A list of formal prayers is provided in this book by grade level. This allows parents to aid in their child's progress.
3. Parents are encouraged to discuss the progress of their child/children with the catechist as the need arises; catechists will do the same with the parents.

	K	1	2	3	4	5	6	7	8
Sign of the Cross	*	*	*	*	*	*	*	*	*
Hail Mary	*	*	*	*	*	*	*	*	*
Our Father		*	*	*	*	*	*	*	*
Glory Be		*	*	*	*	*	*	*	*
Prayer Before Meals		*	*	*	*	*	*	*	*
Prayer After Meals		*	*	*	*	*	*	*	*
Short Act of Contrition			*	*	*	*	*	*	*
Prayer Responses of the Mass			*	*	*	*	*	*	*
Apostles' Creed				*	*	*	*	*	*
Ten Commandments					*	*	*	*	*
Beatitudes						*	*	*	*
Seven Sacraments						*	*	*	*
Corporal Works of Mercy							*	*	*
Spiritual Works of Mercy							*	*	*
Fruits of the Holy Spirit								*	*
Gifts of the Holy Spirit								*	*

FORMAL PRAYERS to be memorized and prayed together.

PRAYERS

SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

OUR FATHER

Our Father, who art in Heaven, hallowed be thy name:
thy kingdom come, thy will be done on Earth as it is in Heaven.
Give us this day our daily bread: and forgive us our trespasses as we forgive
those who trespass against us; and lead us not into temptation but deliver us
from evil. Amen.

HAIL MARY

Hail Mary, full of grace; the Lord is with thee; blessed art thou among women
and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for
us sinners, now and at the hour of our death. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the
beginning, is now and ever shall be, world without end. Amen.

THE ACT OF CONTRITION

Oh my God, I am heartily sorry for having offended you and I detest all my sins
because of your just punishment. But most of all because they offend you, my
God, who is all good and deserving of all my love. I firmly resolve with the help of
your grace to sin no more and avoid the near occasion of sin. Amen.

PRAYER BEFORE MEALS

Bless us O Lord, and these your gifts, which we are about to receive from your
bounty, through Christ our Lord. Amen.

PRAYER AFTER MEALS

We give you thanks, Almighty God, for these and all your gifts, which we have received, through Christ, our Lord. Amen.

The NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of **all things visible and invisible.**

I believe in one Lord Jesus Christ,
the Only **Begotten** Son of God,
born of the Father **before all ages.**
God from God, Light from Light,
true God from true God,
begotten, not made, **consubstantial** with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

and by the Holy Spirit **was incarnate** of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in **accordance** with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is **adored** and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen

APOSTLE'S CREED

I believe in God, the Father Almighty, Creator of Heaven and Earth. I believe in Jesus Christ, His only Son, or Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into Heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the Body, and life everlasting. Amen.

THE CORPORAL WORKS OF MERCY

1. Feed the Hungry
2. Give drink to the Thirsty
3. Clothe the Naked
4. Visit those in Prison
5. Shelter the Homeless
6. Visit the Sick
7. Bury the Dead

SPIRITUAL WORKS OF MERCY

1. Correct Sinners
2. Teach the Ignorant
3. Give advice to those who are Confused
4. Comfort those who Suffer
5. Be Patient with Others
6. Forgive Injuries
7. Pray for the Living and the Dead

THE TEN COMMANDMENTS

1. I am the Lord, Your God. You shall not have other Gods besides me.
2. You shall not take the name of the Lord, Your God, in vain.
3. Remember to keep Holy the Sabbath Day.
4. Honor your Father and Mother.
5. You shall not kill.
6. You shall not commit adultery
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

THE BEATITUDES

Happy are the poor in spirit. The reign of God is theirs.

Happy, too, are the sorrowing. They will be comforted

Happy are the gentle. They will receive all that God has promised.

Happy are those who hunger and thirst for justice.

They will be satisfied.

Happy, also, are those who show mercy to others. They will receive mercy.

Happy are the single-hearted. They will see God.

Happy are the peacemakers. They will be called the Children of God.

Happy are those who are treated unfairly for doing what is right. The reign of God is theirs.

GIFTS OF THE HOLY SPIRIT

Wisdom

Right Judgment

Wonder and Awe

Knowledge

Understanding

Courage

Reverence

FRUITS OF THE HOLY SPIRIT

Charity	Joy	Long-Suffering
Humility	Peace	Fidelity
Patience	Modesty	Kindness
Continenence	Goodness	Chastity

THE SEVEN SACRAMENTS

Baptism	Reconciliation	Holy Orders
Eucharist	Anointing of the Sick	Matrimony
Confirmation		

PRECEPTS OF THE CHURCH

1. Assist at Mass on Sunday and Holy Days of Obligation
Do no unnecessary servile on those days.
2. Fast and abstain on the days appointed.
3. Confess one's serious sins at least once a year.
4. Receive Holy Communion during the Easter Time.
5. Contribute to the support of the Church.
6. Observe the laws of the Church concerning marriage.
7. Join in the missionary spirit and apostolate of the Church.